#### Corporate Headquarters 7 Corporate Drive, Keene NH 03431 · phone 603.354.7000 · fax 603.354.4690 · web www.cswg.com

For further information about C&S and our community involvement programs, please contact Gina Goff, Director of Corporate Giving & Community Involvement. © 2008 C&S Wholesale Grocers, Inc. All rights reserved worldwide.



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#### 90 years of nourishing our communities

In 1918, Israel Cohen and Abraham Siegel bought a small brick warehouse and began making grocery deliveries to stores in Worcester, Massachusetts.

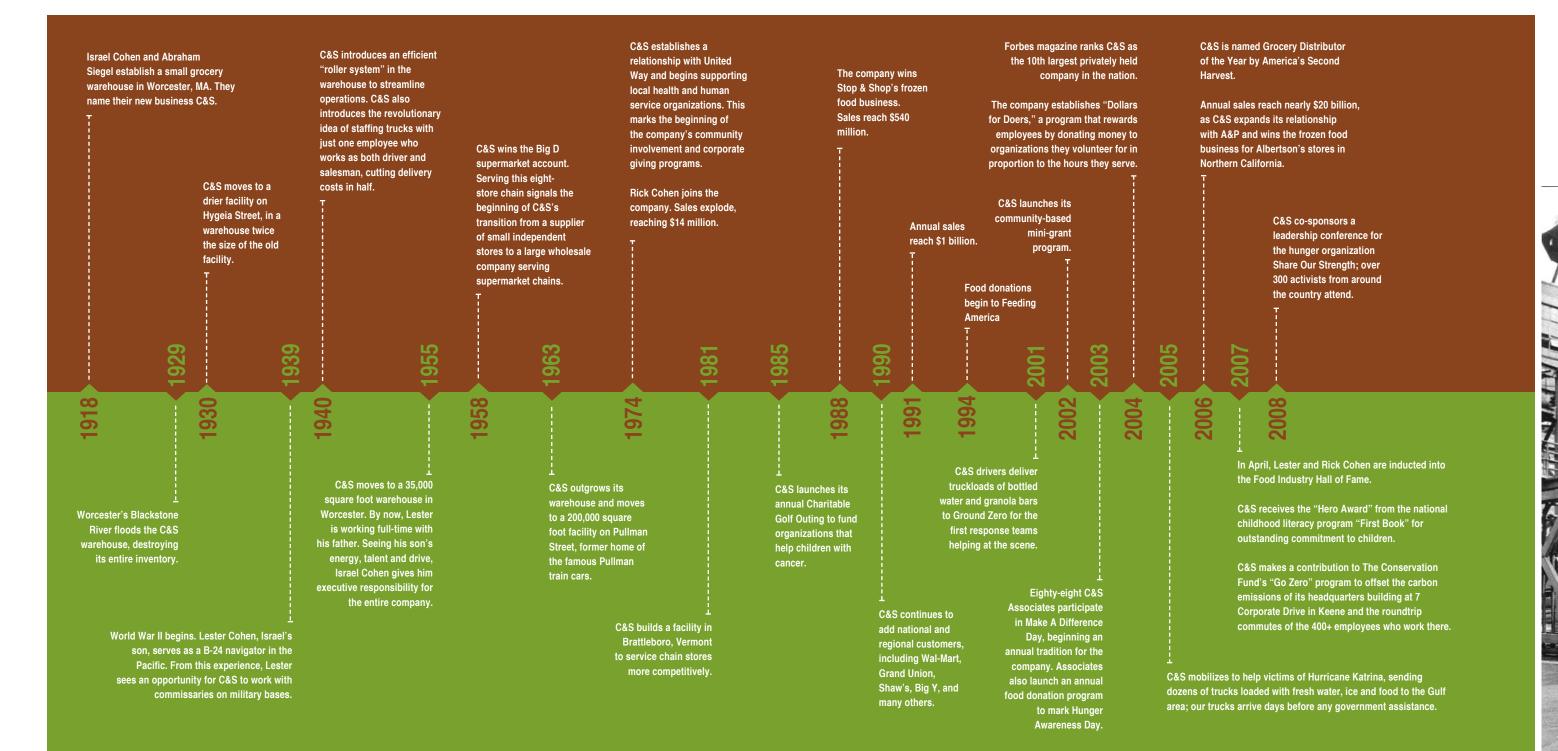
They named their fledgling enterprise "C&S," and worked hard to build a base of loyal, satisfied customers.

Ninety years later, what started as a small warehouse and a handful of employees is a thriving company employing 16,000 Associates in distribution centers, subsidiaries and supermarkets across the nation.

Today, C&S is recognized as a dynamic and progressive leader in the grocery industry. As the second-largest food wholesaler in the United States, we supply over 50,000 food and non-food items.

C&S has accomplished a lot in 90 years. And one of the things we're most proud of is our legacy of giving back to the communities we serve. It's a tradition that's grown even stronger over the last nine decades, and now includes food donations, cash grants and employee volunteer programs that bring hope and help to millions of Americans.

In this report, you'll learn how C&S is making a difference for people and communities to make them stronger and better. We hope our story will inspire you to make your own unique contribution, and we invite you to join us in celebrating our anniversary.



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## WHY WE GIVE

"We're all in this together." These five simple words contain a profound truth about our world. More and more, we're becoming an interdependent global community, living on a planet with resources that are growing scarcer and an environment that's under pressure.

If society is to thrive and prosper, we all need to take responsibility. Governments, institutions and businesses must work with citizens everywhere to build healthier, stronger communities.

Years ago, C&S accepted the challenge of corporate social responsibility, creating corporate giving and community involvement programs. In recent years, we've added conservation and recycling programs to foster a cleaner environment and save precious natural resources.



## WHERE WE GIVE

In addition to donating food, C&S makes significant financial contributions as part of our commitment to bringing positive change to our communities.



- Support to food banks in or near C&S communities
- Support to organizations promoting leadership in the fight against hunger

  √



- ∑ Corporate matching funds to local United Ways
- ▶ Local giving, including cash and mini grants



▶ Support for children's literacy programs and organizations for children with cancer



▶ Disaster relief, employee volunteer programs, etc.



### 90 YEARS STRONG & GROWING

#### Who we are

C&S Wholesale Grocers, Inc. is the second largest food wholesaler in the United States. With annual sales of \$19 billion, C&S was ranked as the 12th largest privately held company in the nation in 2008 by Forbes magazine.

#### What we do

C&S provides wholesale food and grocery deliveries to approximately 5,000 supermarkets throughout the United States, from distribution centers in Vermont, Massachusetts, Connecticut, Pennsylvania, New York, New Jersey, Maryland, South Carolina, Alabama, California, and Hawaii. The company offers its retail customers over 53,000 food and non-food products, including a complete line of dry grocery, frozen food, frozen and dry bakery, meats, dairy, produce, seafood, deli, general merchandise, health and beauty aids, candy, tobacco, and non-food items.

#### How we work

Under Rick Cohen's leadership, C&S has gained key supply contracts, significantly expanded its warehousing operations, and developed a highly productive workforce.

#### Technology at work

C&S relies on advanced technology to serve customers and maintain its stance as an industry leader. The company's vast, state-of-the-art warehouses cover over 15 million square feet and are designed for high efficiency. Most forklifts are guided by radio-frequency on-board computers and operated by forklift operators who work from voice-recognition software systems. Inventory management is enhanced by an advanced, computerized purchasing system that monitors product volume and purchases goods at the lowest prices.

#### Our family of companies

**ES3-** ES3's investment in the world's largest grocery warehouse has changed the way products move from manufacturer to market, providing efficient storage, shipping and just-in-time distribution and delivery services to retail distribution centers and stores. The company is headquartered in Keene, NH with facilities and employees in Pennsylvania, Texas, Georgia, California, Ohio, and Iowa.

**Grand Union Family Markets**- With approximately 1,400 employees, Grand Union Family Markets serves retail grocery customers at 32 locations in New York, Vermont, Massachusetts,

Pennsylvania and Connecticut. The company is based in Clifton Park, NY.

#### Southern Family Markets/Piggly Wiggly-

Southern Family Markets operates 41 supermarkets in Alabama, Georgia, and Mississippi and 10 liquor stores in northern Florida. The company is based in Birmingham, AL.

#### **Vendors & Customers**

C&S purchases its products from large national food manufacturers as well as regional and local food suppliers and manufacturers. We distribute products to leading supermarket chains across the country.

#### Top Vendors

- ✓ Kraft Foods. Inc.
- → General Mills. Inc.
- → Procter & Gamble
- ∑ The Quaker Oats Company
- → ConAgra Foods, Inc.
- ▶ Nestlé S.A. Topco Associates, L.L.C.
- ▶ The Kimberly-Clark Corporation
- Unilever Bestfoods
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- ✓ Kellogg Company

#### Top Customers (by volume)

- Stop & Shop
- Safeway
- → Giant of Carlisle
- ≯ BI-LO
- → Shaw's Supermarkets
- ➤ Tops Markets
- ▶ Penn Traffic

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## ANSWERING THE CALL TO SERVICE

#### A message from Rick Cohen, Chairman and CEO

Dear Friends:

Ninety years ago, my grandfather and a business partner started a modest wholesale business supplying grocery stores in the city of Worcester, Massachusetts.

As C&S marks it's 90th anniversary, I think of how amazed the two partners would be to see what their little business has become: the second-largest food wholesaler in the nation.

Yet there is one thing they would recognize, because it has not changed over many decades. And that's the spirit of caring that C&S fosters in the communities we serve. Through grants, donations and volunteerism, C&S is making a difference in communities across the country.

The issue of hunger has always been important to us. For many years, we have been donating to food banks, soup kitchens and other organizations dedicated to providing food assistance to people. Fighting hunger and feeding hope.

Today, we are proud to be a leading supplier of Feeding America, the nation's food bank network.

In 2008, our cash and food donations provided millions of healthy, nutritious meals to children, seniors and families.

"At C&S we have always believed that the measure of a truly great company is calculated not just in dollars earned, but also in what it contributes to the health and prosperity of the community."

In addition to supporting food banks, we also make grants and donations to community groups, charities and non-profit organizations who are helping make the world a better place. From large national charities like United Way to small hometown groups, we're doing what we can to create positive change for our communities and the planet we all share.

Of course, there are some things money can't buy. Like compassion and caring. Here again, C&S comes through, with employee volunteers who donate their time and energy each year. (You'll meet a few of them in these pages.)

At C&S we have always believed that the measure of a truly great company is calculated not just in dollars earned, but also in what it contributes to the health and prosperity of the community. As global economic and environmental pressures grow, it's understandable that many people feel

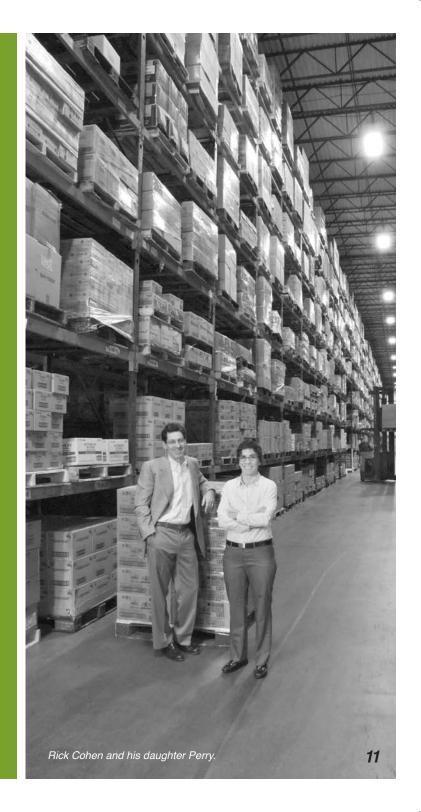
overwhelmed. That is why businesses like C&S must lead the way: we can not only help address these serious issues, but we can also set an example to other companies – to show what's possible when you make a commitment to service.

Of course, making a difference takes strong, dedicated leadership – the kind of leadership I learned from my father and grandfather. Their passion is part of our family legacy, and this year, as I welcomed my daughter Perry into the company, I'm pleased to know that the C&S tradition of caring and sharing continues.

I am proud of the enthusiastic way C&S and its Associates have answered the call to service. We're bringing hope and change to communities across America, and as our nation faces the challenges of the 21st century, I'm pleased to be in such good company.

Rich

Richard B. Cohen
Chairman and Chief Executive Officer
C&S Wholesale Grocers



# FACING THE FACTS ABOUT HUNGER

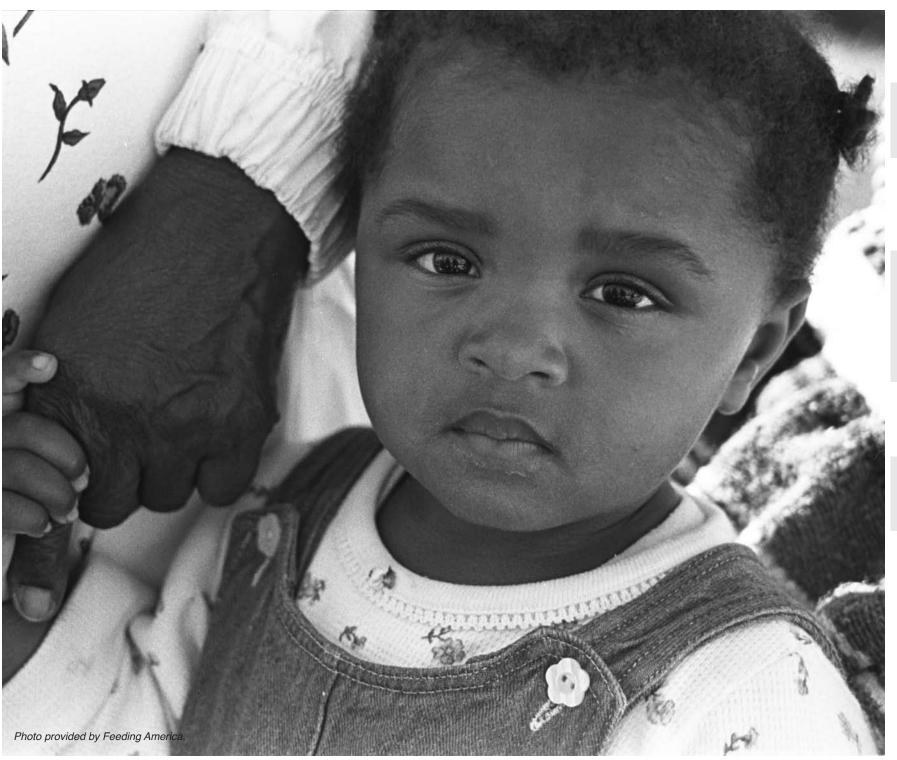
Hunger in America is not new. But as economic pressures tighten around the globe, and as food prices skyrocket, our country faces a massive and growing crisis of need. In community after community, there are reports of bare shelves in food banks and people being turned away.

"The notion that people who don't have enough to eat in this country are homeless people standing on street corners is not true."

#### - Vicki Escarra, CEO Feeding America

If even middle-class families are cutting back their food budget, imagine what it's like for families living on the edge of poverty. Imagine the anxiety of not being able to give your children the wholesome food they need to grow, to do well in school and stay healthy.

Finding solutions to the problem of hunger has become increasingly urgent, and C&S is helping lead the way. As one of the top 25 food donors in the nation, we are making a real difference for millions of Americans in need.



# Facts about Hunger & Poverty in the U.S.\*

**FACT:** Over 20% of the children in 12 U.S. states live in food-insecure households.

**FACT:** 42% of households served by Feeding America report having to choose between paying their heating bills or purchasing food.

FACT: Nearly 18 million Americans are "working poor," meaning that at least one person in their household is currently working, although the family's income remains at the poverty level.

**FACT:** The rate of food insecurity among senior citizens living at the poverty level is 17.6%.

**FACT:** 36% of families served by Feeding America include at least one adult who is working.

**FACT:** Researchers have linked food insecurity with emotional problems and poor academic performance in children, and with depression and suicide in teenagers.

\* SOURCE: Feeding America

# C&S SUPPORTS FEEDING AMERICA

For many years, C&S has been a key supplier for Feeding America (formerly America's Second Harvest), the nation's largest charitable hunger-relief organization.

Feeding America's network of 200 food banks and food-rescue organizations distributes more than 2 billion pounds of donated food and grocery products annually to Americans in need.

Feeding America also supports 63,000 local charitable agencies, including food pantries, soup kitchens, emergency shelters, after-school programs and programs for senior citizens.

Over 25 million people in the U.S., including more than nine million children, receive assistance from the Feeding America network.



## CARING & SHARING

C&S makes daily donations of food and grocery products from our warehouses to 19 food banks across America

<b>→ ALABAMA</b>	United Way Community Food Bank
≥ CALIFORNIA	Community Food Bank of Fresno
	Food Bank of Contra Costa & Solano
	Second Harvest Food Bank of San Joaquin & Stanislaus Counties
→ CONNECTICUT	Foodshare
≥ DELAWARE	Food Bank of Delaware (close to C&S in North East MD)
≥ HAWAII	Hawaii Food Bank
≥ MARYLAND	Maryland Food Bank
	Capital Area Food Bank, Washington DC
	(close to C&S/Colllington Services in Upper Marlboro MD)
→ MASSACHUSETTS	Food Bank of Western Mass.
≥ NEW HAMPSHIRE	NH Food Bank/Keene Community Kitchen
→ NEW JERSEY	Community Food Bank of NJ
≥ NEW YORK	Food Bank of the Hudson Valley
	Food Bank of Western NY
→ PENNSYLVANIA	Central PA Food Bank
≥ SOUTH CAROLINA	Weinberg-Northeast Region PA Food Bank
	Second Harvest Food Bank of the Lehigh Valley
	Harvest Hope Food Bank
≥ VERMONT	Vermont Food Bank/Brattleboro Drop-In Center



# DELIVERING HOPE FOR HUNGRY CHILDREN

If you knew a child who was not getting enough to eat, wouldn't you help? What if you knew over 12 million hungry children?

Incredibly, right here in America one in six children is at risk of hunger. These children will endure lifelong consequences as a result. Research shows they're more likely to get sick, have behavioral difficulties and perform poorly at school.

But there is hope. Innovative programs like Kids Café, Kids Cook and the BackPack Program are targeting at-risk children and ensuring they get the nourishment – and the attention – they need. C&S is proud to provide both food and financial support to these programs.

#### We've got their backs

Over 30 million schoolchildren in America receive free or reduced-price lunches through the National School Lunch Program. But on Friday afternoon, too many of these children go home to face empty cupboards.

A few years ago, Feeding America came up with a solution: to send these students home on Fridays with backpacks full of nutritious foods they could easily prepare for themselves. The backpacks are quietly refilled every Friday with nutritious, easy-to-prepare foods that do not require cooking.

In 2008, C&S made a grant to Feeding America's BackPack Program. This year, we are one of the top five national donors to this wonderful effort.

### HUNGER LEADERSHIP

Passionate activists are essential to the fight to end hunger. That's why, in a world where hunger is increasing, it is critical to develop new leaders who will take up the challenge of tomorrow. Through our support for Share Our Strength and the Congressional Hunger Center, C&S is helping ensure that the war against hunger will have strong leaders at the front.

#### Share Our Strength (SOS)

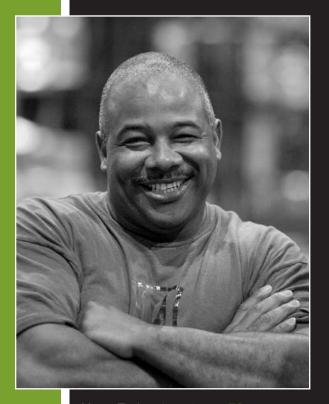
Share Our Strength is a national organization focused on ending childhood hunger in America. Through a network of community groups, activists and food programs, SOS targets children at risk of hunger and makes sure nutritious food is available where they live, learn and play.

**C&S support:** C&S provided funding for the SOS 2008 Conference of Leaders, a summit meeting and training session that prepares community activists and volunteers for leadership roles in the fight to end childhood hunger.

#### **Congressional Hunger Center (CHC)**

This non-profit, bipartisan organization brings together the power of America's lawmakers with the expertise and knowledge of leading hunger activists to develop innovative programs that deliver food to communities who need it most.

**C&S support:** In November of 2008, C&S sponsored a field retreat for recipients of the CHC's Emerson National Hunger Fellowships. The retreat was an opportunity for the Fellows to share best practices and work together to create new ideas for reducing hunger in America.



Marco Tucker, Associate at ES3 (a C&S company) Tracy, CA.

#### A free meal and a fresh start

For a vivid example of how lending a helping hand can lead to great things, look no further than Marco Tucker, an Associate at ES3 (a C&S company). Five years ago, Marco lost his job and was struggling with a drug and alcohol problem. He and his family were forced to move into a homeless shelter sponsored by Tracy Interfaith Ministries, a member of the Feeding America network.

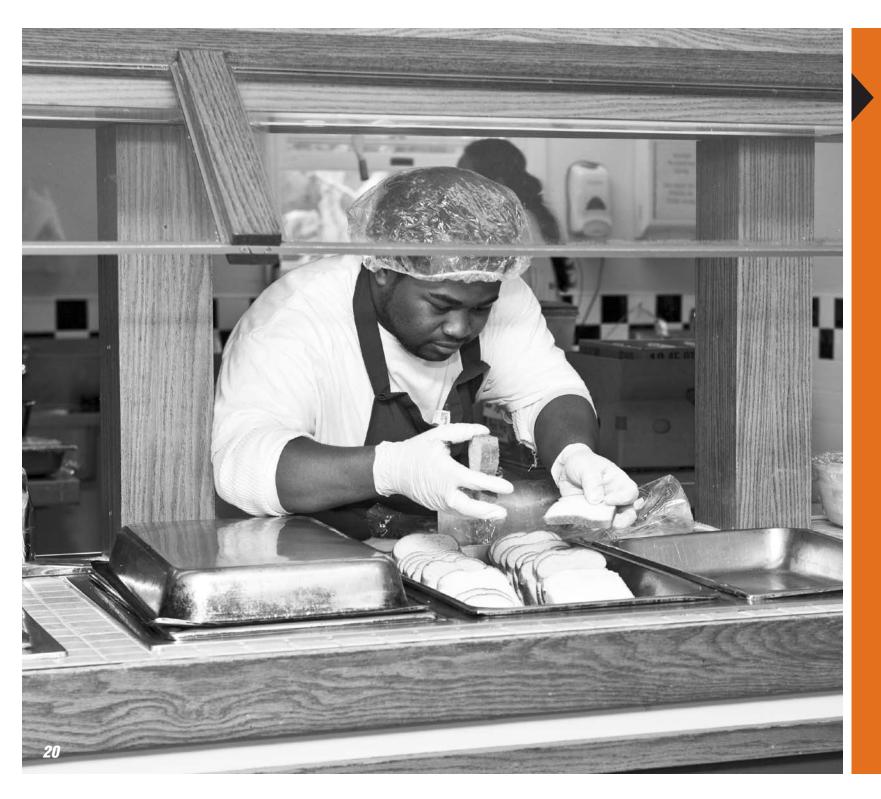
"My kids said, 'Daddy, we're hungry," Marco recalls. "I was as depressed as a man could be."

The Tucker family was helped with food, clothing, and a safe place to sleep, but Marco was still despondent. Then he met Jim Bringham, who recognized Marco's potential and offered him a job.

"I've been to the bottom and I've seen the desperation and loneliness," says Marco." There's a big hole in the spirit until someone helps you. C&S and ES3 lifted me up and gave me a second chance."

There are millions of people like Marco in the U.S. – good people who just need a helping hand to get back on track. "A hot and a cot" isn't enough; America needs a robust and sustained effort to solve the problems of hunger and homelessness. At C&S, we are committed to doing our part.

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### SUPPORT FOR FOOD BANKS

C&S supports food banks belonging to the Feeding America network with funding for community projects that serve families. Here are some examples of the food banks in our communities that we helped to fund this year:

#### **Foodshare**

Bloomfield, CT

Foodshare is the regional food bank for the greater Hartford region of Connecticut, **serving over 100,000 low-income residents (including 40,000 children).** The mission of Foodshare is to provide a safety net of food services, and to reduce poverty by increasing people's self-sufficiency.

**C&S** support: C&S provided seed money to help Foodshare launch an ambitious five-year work plan that will focus on the causes of hunger and propose strategies to address the problem effectively.

# **United Way Community Food Bank**

Birmingham, AL

With just eight full-time employees, this powerhouse food bank **serves 300,000 people** and distributes almost 6 million pounds of surplus food. That's over 16,000 pounds of food a day! And while the Community Food Bank volunteers work hard to sort, pack and distribute the donated food, they were hampered by an outdated and inefficient sorting area – and by a delivery truck that kept breaking down. They turned to C&S for help.

**C&S support:** Thanks to a grant from C&S, the Community Food Bank is undertaking critical renovations to its food sorting area. These renovations will make it easier to process donations quickly. C&S is also funding much-needed repairs to the Food Bank's delivery truck. The result? Faster deliveries and fresher food to those most in need.

#### Food Bank of Western Massachusetts

North Hatfield, MA

The Food Bank of Western Massachusettes **serves** over 100,000 people throughout the region. The need is particularly acute in the Mason Square section of the city of Springfield, where 19% of households live with hunger or food insecurity and 53% of households experiencing moderate to severe hunger include children. The Target: Hunger Springfield project focuses on practical grassroots solutions to help residents build long-term food security. Strategies include community gardens, inter-generational cooking classes, improved transportation and access to markets, education, advocacy, and more user-friendly food assistance programs.

**C&S support:** A C&S grant will help Target: Hunger Springfield in establishing new resources within Mason Square and provide a replicable model for similar work in other food-insecure communities.

### BEYOND OUR BORDERS

There are 982 million hungry people in the world today – and the USDA predicts that by 2017, that number will increase to one billion.

Because poverty and hunger are so intertwined, both problems must be addressed simultaneously to create healthy, self-sustaining societies. And that's exactly what Heifer International, one of the world's most successful aid organizations, is doing.

# "If you can't feed everyone, feed just one person."

#### - Mother Theresa

Heifer International helps poor families achieve freedom from hunger by providing them with livestock and teaching them how to raise their animals for milk, butter, cheese, eggs, and wool. As the animals give birth to new offspring, families can trade, share or sell the extra food produced, or even sell the offspring.

To ensure that its gift animals will have a lasting benefit, Heifer International asks recipients to "pass on the gift" by donating the first female offspring to another family. In time, that family will pass along their animal's offspring – and so on and on. In this way, the benefits of the original gift are multiplied many times over.

# **C&S supports Heifer's Uganda Project**

At C&S, our Leadership Team of executives was so impressed with the success of Heifer International that we made a donation to the organization's Uganda Project.

#### What is the Uganda Project?

The Uganda project is a partnership between the United Nations' World Food Programme and leading non-governmental organizations. Using philanthropist Jeffrey Sachs' concept of model villages, Heifer International is targeting three Ugandan villages where poverty, infant mortality and hunger rates are among the highest in Africa. One thousand families will be selected to receive goats and oxen. One thousand more families will benefit from "pass-on" livestock. The five-year goal of the project is to create self-sustaining villages which can meet their own food needs and earn profits from the sale of livestock.



# **VOLUNTEERING WITH ENERGY**& ENTHUSIASM

The spirit of service is alive at C&S. From Fresno to Buffalo to places in between, our Associates are helping make a difference in their communities by volunteering their time, talent and energy. We support their dedication with programs designed to encourage and honor their efforts – programs like "Dollars for Doers" and "Team Up and Make Strides."

#### **Dollars for Doers**

Those who do good for others deserve more than a pat on the back. At C&S, we recognize our "doers" with cash donations to the causes they champion. Through the Dollars for Doers program, nonprofit organizations benefit twice, once from our Associates' contribution of time, and again from a C&S contribution of \$1 for each hour volunteered -- up to 1,000 hours or \$1,000.

#### **Team Up & Make Strides**

Teams of C&S Associates regularly get up, go and participate in walkathons, bike rides and road races to raise awareness and money for dozens of good causes. These events support charities like the American Heart Association, Muscular Dystrophy Association, Special Olympics, American Cancer Society and many more. We proudly support our teams by pledging through our Team Up and Make Strides program.

# **C&S Volunteer of the Year: Don LaChance**

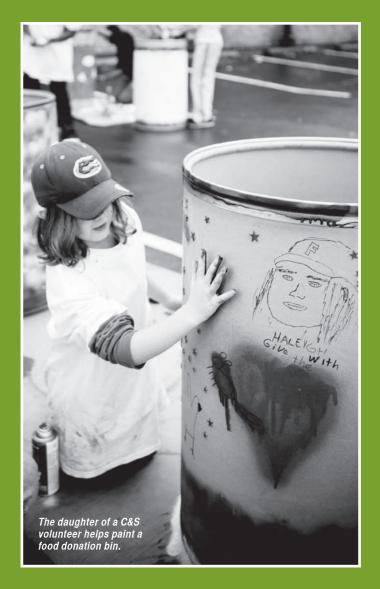
Senior Director of Inbound Quality Logistics and Reclamation, Windsor Locks, CT

Don LaChance, 2008 C&S Volunteer of the Year, is an example of what it means to give back to the community by investing in others. A volunteer for fifteen years, Don serves as the Assistant Scout Master for Boy Scout Troop 355 in Newington, CT. He devoted over 200 hours last year to support scouts in their efforts to build character and integrity, helping to prepare them to become exceptional adults.

Don is just one of many C&S volunteers who are giving their time to change lives and build stronger communities.



## OUR ASSOCIATES ARE MAKING A DIFFERENCE



With so many needs in our communities, can one day of volunteering really make a difference? You bet it can. And our C&S employee volunteers are proof. Each year, our Associates turn out to pitch in on "Make a Difference Day." We paint walls, deliver food, and help build things. This year our Associates volunteered in food kitchens, children's hospitals and homeless shelters. We cleaned, hauled, moved, stacked, built and painted. We cooked meals, packed groceries, sorted food and replaced floors. And we had a great time.







## **UNITED WE STAND**

#### *In America Today:*

- > Nearly 25% of working parents don't earn enough to meet the basic needs of their children.
- → One in four high school students won't graduate on time.
- ➤ More than 49 million people have no health insurance at all.

#### Goals for the common good

United Way's work is focused on the building blocks for a good life:

**Education:** Helping children achieve their potential **Income:** Promoting financial stability and independence

**Health:** Improving people's health

C&S wholeheartedly endorses these goals. We agree with United Way that advancing the common good is about helping one person at time and about changing systems to help all people. We are all connected – and we all win when a child succeeds in school, when families are financially stable, and when people are healthy.

#### **C&S** supports United Way

C&S is one of 125 National Corporate Leader companies, working together, united, for the common good. Every year since 1974, our Associates have donated generously to the United Way through payroll deductions and gifts – and C&S has matched their generosity dollar-for-dollar. This year, C&S employee pledges increased 25% from last year, despite a shrinking economy.

### INVESTING IN OUR CHILDREN

"Unless someone like you cares a whole awful lot, nothing is going to get better. It's not."

- Dr. Seuss

At C&S, we're helping build a healthier, happier future for America's kids. We believe there is simply no investment on earth more worthwhile than our children.

# **Nourishing young bodies & minds**

Hunger, poverty and illiteracy often go hand-in-hand. The children's literacy organization First Book wants to break that cycle in childhood — and C&S is helping.

In 2008, C&S continued its "Food for the Body, Food for the Mind," partnership with First Book. This program donates brand new, free, age-appropriate books to disadvantaged children. The partnership is a natural one for two organizations with a shared interest in strengthening families, improving communities and disrupting the cycle of poverty. Books are distributed to children identified as being at-risk by local schools, food banks, homeless shelters and community organizations. Each child is eligible to receive three new books and will have permanent access to all of First Book's resources for promoting literacy.

In 2007, 120,000 free books were distributed in seven C&S communities; in 2008, 50,000 books were given away to children in southwest New Hampshire.

#### Helping kids fight cancer

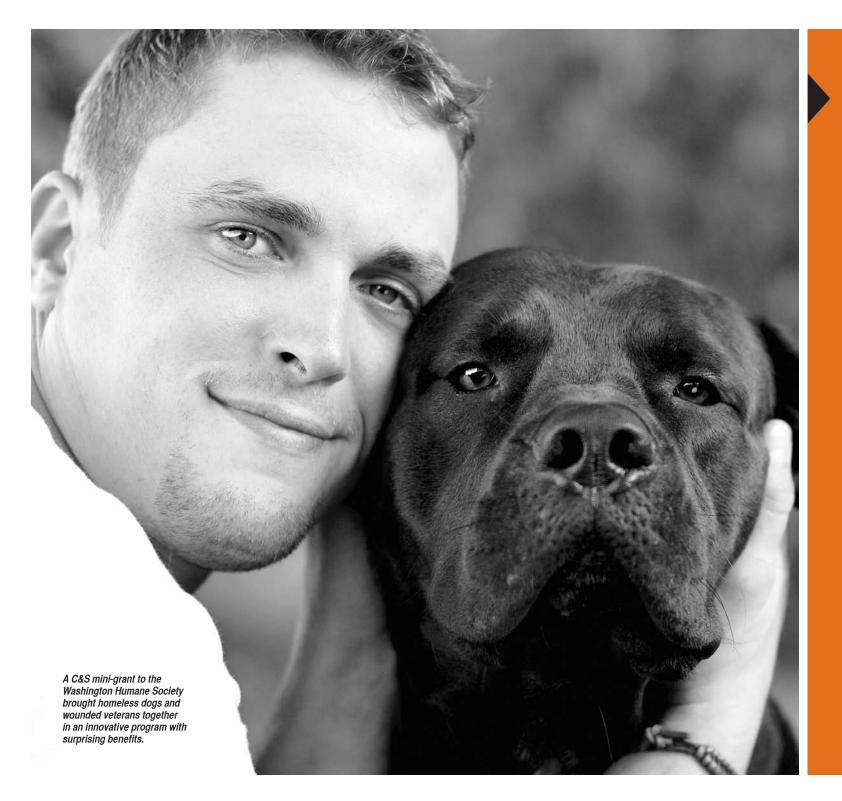
Learning that your son or daughter has cancer is emotionally devastating, especially since cancer is the leading cause of death by disease in children under 14. Most families will move heaven and earth to save their child's life, sacrificing everything to focus on treatment and a cure.

C&S shares their sense of urgency and we donate to organizations that help children with cancer and their families.

#### A record-breaking donation

Each year, the C&S Charity Golf Outing raises funds for pediatric cancer programs. This year's outing resulted in \$1.125 million, a new record for the tournament. Proceeds from the outing went to several organizations dedicated to helping kids, families and medical teams who are working for a cure, including: The Children's Hospital at Dartmouth in Lebanon, NH; The Dana-Farber Cancer Institute in Boston, MA; and the Hole in the Wall Gang Camp in Ashford, CT.





# SMALL GROUPS, BIG PLANS: C&S Mini-Grants for Change

All across America, small groups with big plans are creating positive change. To help these groups achieve their goals, C&S has a "mini-grant" program in communities where we operate facilities. Our employees help us make funding decisions, for true grassroots giving. Here are just a few of our 2008 grantees.

#### Mini-Grantee: *Project Graduation* C&S Facility: *Keene*, *NH*

They look so hopeful in their caps and gowns...how can we keep them safe on this day of celebrations? This year, with support from C&S, Keene Project Graduation provided 275 high school seniors in Cheshire County (85% to 90% of the class) with "an event to remember" that was fun and lively, but free of alcohol and drugs.

#### Mini-Grantee: Washington Humane Society C&S Facility: Upper Marlboro, MD

Many of the wounded soldiers at Walter Reed Army Medical Center face huge physical and emotional challenges. They often feel isolated and frustrated by an inability to serve. The Washington Humane Society noticed an affinity between these soliders who are healing from injuries and the rescued dogs at their shelter, and launched a program that pairs shelter dogs with veterans. The dogs get schooled in obedience (making them more adoptable) and the soldiers learn how to train dogs, a skill they can take back to their units, their homes, or to their communities.

#### Mini-Grantee: Rebuilding Together Woodbridge C&S Facility: Metropolitan New Jersey

Rebuilding Together Woodbridge brings volunteers and communities together to rehabilitate homes for low-income homeowners who are elderly or disabled, especially disabled veterans.

#### Mini-Grantee: *Make A Wish Foundation* C&S Facility: *Brattleboro*, *VT*

The Make-A-Wish foundation enriches the lives of children with life-threatening medical conditions, granting a wish every 40 minutes. Make-A-Wish of Vermont asked us to contribute toward granting a local child's wish.

#### Mini-Grantee: Camp Lotsafun C&S Facility: Sacramento, CA

Children and teens with autism and other challenging disorders sometimes miss out on the fun of summer camp. Camp Lotsafun is changing that, by adapting the programs of a traditional camp – music, archery, arts and crafts, swimming, campfires and more – to the needs and abilities of these children.

#### Mini-Grantee: *Meals on Wheels* C&S Facility: *Bethlehem, PA*

Studies show that food insecurity cuts across every demographic, but seniors, especially those over 70 years old, are especially at risk. The mission of Meals on Wheels is to ensure that no senior goes hungry.

"It's amazing to read the mini-grant applications and to learn how nonprofit groups in our community are accomplishing so much."

- Maria Ortiz, Supply Chain Coordinator C&S/Metro New Jersey

#### Mini-Grantee: YMCA of San Joaquin County C&S Facility: Stockton, CA

The YMCA Community Health Fair in South Stockton attracts thousands of low-income residents and offers a unique opportunity to provide education, medical screening, and one-on-one health counseling to the community. C&S provided a mini-grant so the YMCA could offer free healthy snacks as part of their effort to educate attendees on nutritious eating.

#### Mini-Grantee: Community Resources for People with Autism C&S Facility: Westfield, MA

Community Resources for People with Autism provides information, advocacy, training and education to families in western Massachusetts who are living with autism. The goal of Community Resources for People with Autism is to create opportunities, build relationships, and improve the lives of children and adults with disabilities.

## OUR COMMITMENT TO THE EARTH IS GROWING

Greenhouse gases, acid rain, vehicle emissions and industrial pollution are all having serious impacts on the health of our planet. At C&S, we're taking steps to promote the health of our environment. We're investing in technology to manage our fleet more effectively, while reducing emissions and use of fuel. We're using less paper and recycling more paper, plastic and metal. We're converting to energy-efficient lighting in warehouses. Committing to recycled paper and soy-based ink for materials created in our print shop. Embarking on a renewable energy strategy.

We're also participating again in The Conservation Fund's "Go Zero" program. This program combats global warming by restoring forests. Through Go Zero, approximately 3,000 trees will be planted to offset the total carbon footprint of our corporate headquarters buildings in Keene, NH in 2008 – including our commuting employees' vehicle emissions. These trees will trap tons of carbon dioxide and will provide an important habitat for wildlife.

# The supreme reality of our time is... the vulnerability of our planet.

- John F. Kennedy



# WHEN DISASTER STRIKES, WE DELIVER

The hurricane season of 2008 was remarkable for the force and destruction it left behind, not only in the United States but in Asia and the Caribbean. C&S responded to the devastation with financial donations and deliveries of emergency supplies to people left homeless and hungry by the disasters.

#### **Myanmar: Hit hard by Cyclone Nargis**

When a deadly cyclone struck Myanmar in Southeast Asia in 2008, it left hundreds of thousands of people destitute, without shelter, electricity, food, or clean water. Because the government's response was so slow, relief organizations like Oxfam rushed to help. One of the biggest concerns was preventing disease-causing bacteria from breeding in the contaminated water. C&S made an emergency contribution to Oxfam to provide safe drinking water and buckets, as well as family hygiene kits.

#### Haiti: Hammered by hurricanes

Haiti is one of the poorest nations in the world. It is also virtually deforested. Without trees to anchor the soil, erosion has been severe, leaving the land unable to absorb excess rain. So when four back-to-back hurricanes struck the island in 2008, the flooding was catastrophic. Villages were washed away and tens of thousands of people left to sleep outdoors or in crude shelters. C&S made a donation to the Red Cross International Relief Fund to provide mosquito netting to help prevent the spread of disease. We also provided eating utensils so that victims could utilize the emergency food supplies that poured in from relief organizations.

#### Southern USA: Gustav and Ike wreak havoc

Hurricanes Gustav and Ike delivered a double blow to the U.S. in September 2008, destroying homes and businesses and leaving millions of Americans without power for up to three weeks. Our donation of ready-to-eat meals and bottled water was coordinated through Feeding America and sent to food banks in Texas and Louisiana. Feeding America worked hand-in-hand with other relief organizations and quickly moved the emergency food into affected areas for evacuees and rescue workers.



## WE'RE WORKING TOGETHER FOR CHANGE

Together with these organizations, C&S is helping bring positive change to the world we share. Here are just some of the community and charitable groups we supported in 2008:

Academy School AIDS Foundation of Western MA Alabama Children's Hospital Alliance for Building Community Alzheimers Association American Cancer Society

American Foundation for Suicide Prevention

American Heart Association Antrim Girls Shelter

Arts Council of Windham County

Ashuelot Head Start

Ashuelot Valley Environmental Observatory

Bay View Elementary School

Big Brothers Big Sisters of Hampden County Bonnyvale Environmental Education Center

Boy Scouts of America

Brattleboro Area Drop In Center

Brattleboro Area Hospice Brattleboro Area Middle School

Brattleboro Arts Initiative

Brattleboro Department of Youth Services

Brattleboro Hockey Association

Brattleboro Kids Fair

Brattleboro Last Night Brattleboro Memorial Hospital

Brattleboro Museum & Art Center

Brattleboro Union High School Brattleboro Walk In Clinic

**Brattleboro Winter Carnival** 

California State Railroad Museum

Canine Alert Search Teams Capital Area Food Bank

Cecil Co. Dept. of Social Services Help Center

Cecil County March of Dimes

Cedarcrest

Center Stage Cheshire County Central Pennsylvania Food Bank Cheshire Fair Association Cheshire Medical Center Chester Elementary School Chesterfield Youth Baseball Children's Hospital at Dartmouth

Colonial Theatre

Community Resources For People

With Autism

Compass House

Congressional Hunger Center Connecticut River Watershed Council

Consejo de Organizaciones Hispanas de Lehigh Valley

CROC-Citizens Reunited to Overcome Cancer Crotched Mountain Foundation

Cure Search

Cystic Fibrosis Foundation Dana Farber Cancer Institute

**Davis Hemingway Foundation** 

Discover Westfield Children's Museum Down Syndrome Information Alliance

Drewsville Headstart Parents Association **Dummerston Elementary School** 

Easter Seals NH

End Hunger Connecticut

First Book

Folklorico Latino de Woodland Food Bank of the Hudson Valley

Friends of Chesterfield School

Friends of Norris Cotton Cancer Center Girl Scouts of Swift Water Council

Giving Monadnock

Greater Keene Women's Softball Association

Green Mountain Camp for Girls Green Mountain Council-Boy Scouts

of America

Green Street Elementary School

Habitat for Humanity Halifax Fire Company Hampshire County TRIAD Hannah Grimes Center

HAP, Inc.

Harris Hill Ski Jump

Harrisville Children's Center Hartford Area Habitat for Humanity

Hatfield Firefighters Association Hole in the Wall Gang Camp

Hope for Orphans of the World Hugh O'Brian Youth Leadership

Independent Living Inner-County Outreach INSPIRE for Autism Jaffrey Civic Center

Jamaica School Club

Jonathan Daniels-Martin Luther King

Committee

Jonathan M. Daniels School Junior Achievement of Western MA Juvenile Agency Volunteer Auxiliary Keene High School Athletics

Keene Babe Ruth Youth Baseball Keene Chorale

Keene Head Start Keene Montessori School Keene Project Graduation

Keene State College Keene Swamp Bats

KidsPLAYce Lupus Foundation

Lutheran Social Ministries of NJ Make-A-Wish of Philadelphia and

Susquehanna Make-A-Wish of VT March of Dimes Mariposa Museum

Mauldin Cultural Center Mauldin Fire Department Meals on Wheels of Greater Pittston Meals on Wheels of Lehigh County Meals On Wheels of Northampton

County/Bethlehem Area

Memorial Sloan Kettering Cancer Center

Michael E. Smith Endowment for

Excellence in Education Mission of Mercy

Monadnock Center for Violence Prevention

Monadnock Cycling Club Monadnock Humane Society Monadnock Regional High School Moving Company Dance Center Muscular Dystrophy Association

My Sister's Place

New Day Tabernacle Food Shelf

New England Youth Theatre New Hampshire Food Bank

NewBrook Volunteer Fire Association Newburgh Baseball Booster Club Newburgh Free Academy Gridiron

Booster Club **Newburgh Scats** 

Newfane Elementary School Nonotuck Community School North East Fire Company

Northeast Organic Farming Assoc. of MA

Northern Heritage Mills Oxfam

Parents Loving Children Through Autism

Pathways for Keene

Pegasus Child Advocacy Center Pennsylvania Hunger Action Center

Peterborough Players Pine Hill Child Care Center

Police Dept. - Town of Brattleboro

Poverello House

Primary Transition Program of Brattleboro Elementary Schools

**Putney Community Center** 

Rebuilding Together-Woodbridge

Rescue, Inc. Riverside Industries Sandglass Theater

Sexual Assault Spouse Resource Center Society of American Foresters/ NJ Division

Southeast DC Partners Special Olympics NH and MA

Special Recreation Services Stone Soup Fresno Stonewall Farm Strolling of the Heifers

Student Movement for Real Change

The Community Kitchen The Conservation Fund

The Food Bank of Western Massachusetts

The Gathering Place

The Greater Boston Food Bank

The Private Sector

The Zone

Thetford Volunteer Fire Department

TJ Dulski Community Center Town of Chester, Rec. Dept. Town of Hatfield, Rec. Dept. Town of Hindsdale, Fire Dept. Town of Montgomery, Food Pantry

Town of Vernon Tovs For Tots

Tracy Interfaith Ministries

**Turning Point of Windham County** Twice Blessed Community Thrift Shop United States Veterans Initiative

Untouchables

Visually Impaired

Vermont Association for the Blind and

Vermont Campaign to End Childhood Hunger Vermont Center for the Deaf and

Hard of Hearing Vermont State Police Very Special Arts California

Victory Plus Washington Humane Society West Enola Fire Company Westfield Middle School South Westlake Charter School Westmoreland School PTA Winchester Girl Scouts Windham Art Council Windham County Humane Society Windham County Reads Windham County SAFE Kids Windham Housing Trust Windham Regional Career Center Women's Crisis Center Yellow Barn YMCA of San Joaquin County

Inspired by the people you've met and stories you've read in our report? Visit these Web sites to learn more.

www.feedingamerica.org

www.strength.org

www.hungercenter.org www.usaweekend.com/diffday

www.heifer.org

www.firstbook.org

www.Dana-Farber.org

www.liveunited.org www.conservationfund.org

www.RedCross.org