



## Community Involvement Report 2007



Caring & Sharing. *That's what drives us.*



**On the cover:**

Truck driver Paul Symanski has been part of the C&S family for more than seven years, making deliveries to grocery stores in New England and New York. He has received several awards for his work and driving skills. Paul is a long-time volunteer fireman with the Newbrook Fire Department in Newfane, VT, where he lives with his wife and their three children.

## C&S. Driven to make a difference.

One company can't save the world. But one company can make a difference.

At C&S, we're committed to making a difference in the communities we serve, through food donations, volunteering, and corporate support for civic, charitable and community organizations across the country.

As the second-largest grocery distributor in the United States, C&S is able to make significant contributions to combat hunger. In fact, C&S is consistently a top donor to America's Second Harvest, the nation's food bank network.

But while ending hunger is one of our company's top priorities, we also support national and local organizations that help strengthen families, build healthy communities, and find cures for childhood cancer. C&S is also committed to making a difference for the planet we share, through sound environmental stewardship.

In these pages, you'll learn more about some of the many programs and initiatives C&S supports, and how our company cares and shares with our neighbors.

**When it comes to caring and sharing, C&S people deliver.**

Published January 2008



## Leading by Example

At C&S, we believe in taking action when our communities and our neighbors need assistance. Caring and sharing is a company tradition here.

It all begins with compassion for others — and a willingness to “walk a mile in their shoes.” Hunger, homelessness, unemployment, poverty — when you can imagine yourself trying to cope with these situations, you can be more effective at creating solutions.

The corporate giving program at C&S covers a wide range of organizations and institutions, but we’re particularly focused on helping hungry families. To me, there is no rational excuse or reason why any child in America today should go to bed hungry. Fortunately, as the second largest grocery distributor in the United States, C&S is in a position to help — and we do. Each year we donate thousands of tons of nutritious food to programs that serve millions of people across the nation.

Beyond our commitment to fighting hunger, C&S contributes generously to civic, charitable and nonprofit organizations in our communities. We also do our best to be responsive to disasters like Hurricane Katrina or national emergencies like 9-11; we get our trucks on the road when people are in peril.

But what I am most proud of here at C&S is the spirit of giving that I see all around me. Many of our Associates devote themselves to volunteering in their communities donating their time and skills to make a difference for others. These folks inspire me every day with their dedication and compassion.

— Rick Cohen  
Chairman and CEO of C&S



## Rick & Lester Cohen named to the Food Industry Hall of Fame

In September 2007, Rick Cohen, Chairman and CEO of C&S, and his father, Lester Cohen, Chairman and CEO of the company from 1955 to 1989, were named to the Food Industry Hall of Fame. This award is given to “those individuals who have provided leadership, fostered innovation and dedicated themselves to excellence in the food industry.”

In polling the food industry, the nominating committee noted that “the suggestions and support for the leadership of the Cohen family was overwhelming... the message came through loud and clear that Rick and Lester Cohen are an inspiration to all of their employees.”

As long as we’re giving back to our communities, we’re on the right road.

— Rick Cohen

# C&S VOLUNTEERS

Our people set the pace for community involvement.



Giving back is important to C&S. Where there's a C&S warehouse or office, you'll find our Associates rolling up their sleeves and getting involved. Giving blood. Volunteering in soup kitchens. Building homes for low-income families. Collecting toys and school supplies for needy kids. C&S employee volunteers are making a difference — and we support them every step of the way, with innovative programs like “Dollars for Doers” and “Team Up and Make Strides.” These programs encourage our employees to volunteer by making financial contributions to organizations they support.

## Walking together to combat cancer

C&S Associates from our Keene office formed a team for the annual American Cancer Society's “Relay for Life” — just one of many walk-a-thons we participate in each year.

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## C&S Associates turn out for Make a Difference Day

Each October, on Make A Difference Day, C&S volunteers put on their work clothes and volunteer to help their communities. This year our Associates were once again hard at work, doing everything from packing and distributing food to sorting donated clothing for families, to putting a fresh coat of paint on the walls of a youth center.

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# C&S Volunteer of the Year | 2007



## Ron Stoddard: Constant Action

Keeping kids fed, clothed and out of trouble is a big assignment in any big city. It's especially challenging in parts of Buffalo, New York, where some families live below the poverty line and struggle to make ends meet.

That's why the volunteer efforts of Ron Stoddard, a trailer cleaner for C&S's Erie Logistics distribution center, are so important. In the past year, Ron has devoted over 250 hours of his own time to the T.J. Dulski Community Center in Buffalo, helping pick up groceries from the local food bank and pack Pantry Bags for families at risk of hunger. He also helps pick up and sort donated clothing for needy families—and he's available to listen when kids need to talk.

## VOLUNTEER HONOR ROLL

**Nichole Ellis [2006]** delivers food for New Day Tabernacle Food Pantry.

**Lisa Bassick [2005]** works with families at Prevent Child Abuse Vermont.

Linda Hansen, director of youth and family services at the center, says Ron is “highly respected by the kids and a great role model. Everything he does has a positive ripple effect in the community.”

C&S is proud to support Ron's volunteer efforts with a “Dollars for Doers” grant to the Dulski Center, and even more proud to name him our 2007 Volunteer of the Year.

# DRIVING OUT HUNGER

## The voices of hunger.

In a country of abundance, the voices of hunger can be hard to hear. However, nearly 4% of U.S. households experience hunger on a regular basis; another 7.1% are at-risk for hunger. Over 12 million children live in these households.

Hunger in America has many causes — poverty, unemployment, rising housing costs and high medical bills are all major factors. Food stamps provide some help. Yet it's simply not enough: a report from the U.S. Conference of Mayors showed that requests for emergency food assistance increased an average of 7% in 2006. The same study also found that families with children made up 48% of those requesting emergency food assistance and that 37% of adults requesting assistance were working at full or part-time jobs.



I never thought I would lose my job or have to worry about putting food on the table for my family.

**11%**  
of U.S. households experience or are at risk of hunger.



My husband and I both work two jobs. We don't make much above minimum wage, and after we pay for rent, utilities, insurance and put gas in the car, there's almost nothing left. So I thank God for the food bank.

**42%**  
of clients served by U.S. food banks report having to choose between food and heat or electricity.



If it wasn't for our local food pantry, I'd be living on tea and crackers.

**63%**  
of cities in a recent survey report significant cutbacks in emergency food assistance programs.



I used to get dizzy in class. Then my teacher told my Mom about the lunch program at school, and now I don't get dizzy anymore.

**48%**  
of families receiving food assistance include children under the age of 18.

SOURCES  
*Household Food Security in the United States 2005*  
(USDA Economic Research Service, November 2006)  
*Hunger in America 2006*  
(America's Second Harvest, March 2006)

## DRIVING OUT HUNGER

Imagine that you're hungry, or not certain that you'll be able to scrape together a meal today. Now imagine you're also trying to hold a job, or go to school, or raise a family.

That's the daily reality for millions of low-income Americans — most of them working people, senior citizens and children.

C&S has made the problem of hunger in America one of our top priorities. Each year, we donate thousands of tons of food to America's Second Harvest: The Nation's Food Bank.

America's Second Harvest is the largest charitable hunger-relief organization in the United States, and distributes nearly 2 billion pounds of food and grocery products annually. At C&S we're proud to be one of America's Second Harvest's largest — and most dedicated — food donors.

Hunger is a daily reality for millions of Americans.



Over 56,000  
meals for  
hungry children

On June 5, 2007, National Hunger Awareness Day, C&S Associates broke all their previous records by contributing over 27,000 pounds of food to area food banks. This is the equivalent of 56,000 meals. To honor our Associates' generosity, C&S made a corporate match of \$1 to America's Second Harvest for every pound of food donated.

# DRIVING OUT HUNGER

## Grants for Food Banks

Over 25 million low-income Americans rely on groceries they receive from local food banks. C&S provides cash grants that help our food bank partners in our communities achieve their missions.

### Vermont Foodbank

Tucked into Brattleboro, Vermont, and the surrounding hill towns are 22 food pantries, community kitchens, and group meal sites for individuals and families needing a helping hand. Support from C&S for Vermont Foodbank's Neighborhood Pantry Express will help 75,000 pounds of food to be given away to low-income people in the area.

### Food Bank of Contra Costa & Solano

The Food Bank of Contra Costa and Solano serves over 40,000 low-income residents in northern California. A grant from C&S will help the food bank purchase a trailer to be used to pick up and deliver food donations for distribution to over 100 agencies in the Sacramento area, including soup kitchens, shelters for battered women and children, and community kitchens.

### Harvest Hope Food Bank

This South Carolina food bank, whose clients are mostly the "working poor," distributes almost 20 million pounds of food per year through a network of over 350 member agencies. The organization recently added two more counties to its service area. Support from C&S will enable the food bank to operate a new branch in Greenville, SC.

### Community Food Bank of New Jersey

Nearly 1,000 non-profit agencies, and over 450,000 low-income people rely on The Community Food Bank of New Jersey for food. A grant from C&S will help the food bank with nutritional education programs targeting children who participate in local (free) Kids Cafes, and students in the Food Service Training Academy (a 14 week class providing skills and training to low-income people for entry-level food service jobs.) The program will also help educate staff or volunteer cooks at food assistance organizations who prepare meals for their clients.

### New Hampshire Food Bank

With funding from C&S, the New Hampshire Food Bank has launched an educational project designed to break the cycle of poverty and hunger by providing job training in hospitality services to low-income people in the local community. Additional support will result in a 30% increase in food distribution to Keene, NH area families. The grant will allow the food bank to add one more day of food distribution per month, and to offer optional food delivery service to 12 local food pantries and community kitchens.

### Northeast Regional Pennsylvania Food Bank

In communities near Dunmore, PA the Northeast Regional Food Bank serves 41 pantries, two soup kitchens 22 group homes and 12 shelters, along with numerous programs for children and seniors. With C&S support, the food bank is rolling out a nutrition education program to each of those local agencies. The program will teach families how to plan, shop for, and cook healthy meals.

### Central Pennsylvania Food Bank

Faced with high rent, medical and fuel bills, low-income seniors are at increased risk of malnutrition and hunger. Each month, with assistance from C&S, the Central Pennsylvania Food Bank's Elder Share program provides nearly 500 seniors with fresh fruits and vegetables as well as nutritional/healthcare education.

### Maryland Food Bank

A C&S grant will help people living below the poverty level in Harford County by increasing the visits of the Maryland Food Bank's mobile food pantry. Deliveries three times a month will bring over 432,000 pounds of nutritious food to the local shelters, community kitchens and food pantries in the area.

### Food Bank of Western New York

Each month, the Food Bank of Western New York supplies over one million pounds of nutritious food and grocery items to nearly 100,000 people. A grant from C&S will help the food bank purchase a forklift for its warehouse to expedite the delivery of much-needed food. A portion of the grant will also be used to expand the food bank's "Good Cookin'" program which will provide nutrition education to approximately 150 families.

### Second Harvest Food Bank of San Joaquin & Stanislaus Counties

San Joaquin County is home to more than 5,600 Californians over 65 years old whose incomes are below the Federal poverty line. To stretch their limited budgets many buy lower-quality food, or eat smaller amounts of food, or skip meals altogether. A grant from C&S will help the food bank's Senior Brown Bag program to deliver bags of nutritious supplemental groceries to these low-income seniors.

### Community Food Bank of Fresno

Fresno, California, has been ranked first in the nation in concentration of poverty. Because the need in this area is so dire, C&S is helping the Community Food Bank with "Free Food Fridays," a program that distributes fresh, nutritious food to individuals, families, children and seniors who are struggling to survive in this economically depressed community.

## Strength in numbers

By working together, Share Our Strength and C&S are making a difference in the fight to end hunger by developing new leaders and fostering new ideas.



## Growing Leaders

### C&S underwrites Share Our Strength Leadership Conference

The struggle to end hunger is ongoing. Fresh ideas, new approaches and a growing group of dedicated leaders will be needed if we want to have an impact on this problem. C&S is proud to support Share our Strength, one of America's leading organizations working to end poverty and hunger. Share our Strength mobilizes individuals to combat the root causes of hunger.

C&S is underwriting Share Our Strength's next national Conference of Leaders. Attending the conference will be 300 people from coast-to-coast and from all walks of life: from high school and college students, to businesspeople, homemakers, chefs, and grassroots organizers. Each has a concern about hunger and a desire to do something about it. The Conference of Leaders will provide training and hands-on learning experiences to help prepare them to develop and lead new hunger initiatives in their own communities.

## DELIVERING HOPE

### Providing books for growing minds.

In spring 2007, C&S announced an exciting partnership with the literacy organization First Book. Together with First Book, C&S has launched "Food for the Body, Food for the Mind," a program that will bring new books to

programs serving children in need. C&S is committed to providing over 120,000 free books to more than 30,000 children in seven of the communities where we have distribution centers.

"Food for the Body, Food for

the Mind" is part of an ongoing initiative to assist every literacy program in the United States that serves low-income children and families. Once a literacy program is registered with First Book, children in the program will continue to receive brand-new books to nurture their interest and joy in reading.

Illiteracy has a profound effect on society; children who don't read are more likely to be unemployed or underemployed later in life, and to require public assistance. Good books — like good, healthy food — can make all the difference! That's why C&S is proud to support the work of First Book — and proud of being selected by the organization to receive a 2007 "Hero Award" for exceptional dedication to childhood literacy.

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#### We love our First Books!

Over 30,000 low-income children will receive their very own, brand-new books through C&S and First Book's "Food for the Body, Food for the Mind" initiative.

### Bringing smiles to children with cancer.

What does a child with cancer dream of? The same things other kids dream of — love, friends, summer camp, silly jokes, good times and chocolate chip cookies.

C&S has made a commitment to help young cancer patients through our annual Charity Golf Outing — and our 2007 event was the most successful ever.

Proceeds were given to three organizations that work hard to help these courageous kids, their families and the medical teams who are searching for a cure: The Children's Hospital at Dartmouth in Lebanon, NH, The Dana-Farber Cancer Institute in Boston, MA, and the Hole in the Wall Gang Camp in Ashford, CT.

Since our first golf tournament in 1986, C&S and our generous vendors have donated over \$1.4 million to these organizations.



### Cancer can't compete ...

... with campfires, crafts, sports, games and fun in the sun.

At the Hole in the Wall Gang Camp, kids can be kids — not cancer patients. For a few hours or a few days, they can laugh and play in the fresh air — and even be silly if they want to.

C&S is proud to support the Hole in the Wall Camp, the Children's Hospital at Dartmouth and The Dana Farber Cancer Institute, three organizations that do so much to help young cancer patients.

# DRIVING CHANGE

## C&S supports communities through United Way

United Way is one of America's most recognized forces for positive change at the community level. By harnessing the caring power of communities, the nation's 1,350 United Ways are making a difference for millions of Americans.

Each year, C&S Associates donate generously to their community's United Way through payroll deductions and gifts. C&S then matches our employee donations dollar-for-dollar.

Although priorities for United Way action are set locally, common themes include:

- Helping children succeed
- Strengthening and supporting families
- Promoting self-sufficiency
- Building vital and safe neighborhoods



### Honoring our Associates for their generosity

Associates at the C&S distribution center in Mauldin, SC, are shown at a luncheon to honor their contributions to the 2007 United Way campaign.

Mauldin received the C&S President's Award for achieving the highest rate of participation among all C&S locations.

## Doing our part for the planet we share.

Each day, C&S trucks distribute the bounty of farms, pastures, orchards, rivers and oceans. So it's natural for us to care about the earth.

C&S environmental initiatives include recycling programs as well as a concerted effort to invest in energy-efficient upgrades. We're also participating in "Go Zero," an on-the-ground approach to climate change. Even the report you're holding in your hands is printed on recycled paper.

### C&S INITIATIVES



#### Cardboard & Plastic Recycling

### ENVIRONMENTAL BENEFITS IN 2007

- Kept 80,000 tons of material out of landfills
- Reduced greenhouse gas emissions by 26,000 tons per year
- Saved 193 acres of forest
- Equivalent to taking 5,100 cars off the road



#### Paper Recycling

- Kept 460,000 pounds of paper out of landfills
- Conserved over 1.6 million gallons of water
- Saved 3,903 mature trees



#### High-Energy Efficiency Initiative

(Lighting upgrades with fluorescent fixtures and automatic controls)

- Saved 10 million kilowatt hours – enough energy to power 1,100 homes
- Reduced greenhouse gas emissions by over 5,000 tons
- Equivalent to planting 11,800 trees or removing 997 cars from the road



#### Support to the Conservation Fund's "Go-Zero" Program

Resulted in carbon sequestration through the planting of trees. Trees help fight global warming because they absorb carbon dioxide from the atmosphere and convert it into oxygen.

Support from C&S will allow the Conservation Fund to plant enough trees to offset the annual greenhouse gas footprint of the C&S headquarters building at 7 Corporate Drive in Keene, NH, plus the estimated impact of roundtrip commuting for the 400+ employees who work there.



Facing the facts on global warming... The scientific consensus on global warming is overwhelming. The time to act is now — and the place to act is where we work and live. C&S recycling and energy reduction programs are part of our efforts to reduce the company's environmental impact.

## Mini-Grants: Stepping up for our communities

Every year, C&S helps fund dozens of worthwhile projects and programs in our communities through our “mini-grant” program. Mini-grants are made to local nonprofit organizations after review and decisions by committees of local C&S employees. Here are just a few of the many programs we helped fund in 2007.

### Caring Hands, Inc.

[ABERDEEN, MD](#)

The goal of Caring Hands, Inc. is to provide disabled persons with an atmosphere that enables each to enjoy a life of dignity and which encourages each to achieve their individual goals, dreams, and full potential.

### Alabama Children’s Hospital Foundation

[BIRMINGHAM, AL](#)

Who needs a “Room of Magic?” The young patients at Alabama Children’s Hospital do. A C&S mini-grant helped support a state-of-the-art movie theatre complete with an 8-foot high definition screen and popcorn machine for children who are too ill to leave the hospital.

### Family Garden Early Care and Education Center

[BRATTLEBORO, VT](#)

Quality, affordable child care for working families is becoming harder and harder to find in small New England towns like Brattleboro. The Family Garden provides both child care and crucial early education services for the community.

### KidsPeace Children’s Hospital

[BETHLEHEM, PA](#)

Autism is one of the fastest-growing developmental disorders among American children — and there aren’t nearly enough programs to help families. KidsPeace Children’s Hospital, in the same community as one of C&S’ newest facilities, offers an after-school program for children with autism spectrum disorder.

### Chester Volunteer Ambulance Corps

[CHESTER, NY](#)

The dedicated members of the Chester Volunteer Ambulance Corps are always ready to respond in medical emergencies — and C&S was happy to respond to their request for a mini-grant to offset rising operating costs.

### Central Islip Public Library

[CENTRAL ISLIP, NY](#)

In this C&S community, the local library is a lot more than books on shelves. It’s also a place where teens can take art classes, prepare for the SATs, and enroll in workshops about budgeting and debt.

### Carrie Children’s Foundation, Inc.

[UPPER MARLBORO, MD](#)

The Carrie Children’s Foundation provides services for children with disabilities, children in foster care, and children with other special needs.

### Dunmore Senior Citizens Center

[DUNMORE, PA](#)

A hot meal. Friends. Health screenings. This local Senior Citizens Center provides elders with a safe haven and more.

### Forks Volunteer Hose Company

[CHEEKTOWAGA, NY](#)

A C&S mini-grant helped the firefighters of Forks Volunteer Hose Company Number 3 purchase more safety equipment to help them on dangerous calls.

### Stone Soup Fresno

[FRESNO, CA](#)

In Fresno’s tougher neighborhoods, where violence is a fact of life, the choices for kids can be grim. But Stone Soup is making a difference for young people, particularly Asian youth. The organization promotes health, education, culture, and civic engagement.



### Suburban East Meals on Wheels

[HARRISBURG, PA](#)

Who’s paying for dinner? C&S is — with a mini-grant to help Suburban East Meals on Wheels continue to provide nutritious meals to seniors and shut-ins.

### Hawaii International Child Placement & Family Services, Inc.

[HONOLULU, HI](#)

Since 1975, HIC has helped over 3,000 orphaned children from the US and many other nations to find their “forever home.”

### New Hampshire Jobs for America’s Graduates

[KEENE, NH](#)

Jobs for America’s Graduates helps at-risk and disadvantaged youth stay in school and find jobs. The Keene High School program, one of sixteen in New Hampshire, has received a mini-grant from C&S.

### Make-A-Wish Foundation of South Carolina

[GREENVILLE, SC](#)

Sharing the power of a wish. That’s what we helped to do through our support to this organization that grants wishes to local children with life-threatening illnesses.

### Middlesex County Habitat for Humanity

[JERSEY CITY, NJ](#)

With the goal of constructing decent, affordable housing for families, this local chapter of Habitat for Humanity approached C&S with a mini-grant request for building materials and supplies.

### Orange County Firefighters Museum

[MONTGOMERY, NY](#)

The Orange County Firefighters Museum is a treasure trove of firefighting history, lore and equipment — and thanks to a C&S mini-grant, the museum can invest in more programs and educational activities this year.

### McQuade Children’s Services

[NEWBURGH, NY](#)

With a campus in a C&S community, this nonprofit center is a haven for children challenged with emotional or behavioral problems, at home or school.

### Westfield Athenaeum

[WESTFIELD, MA](#)

The Westfield Athenaeum’s “Books for the Homebound” program delivers books, videos and more to community residents who are temporarily or permanently confined to their homes because of illness, disability or advanced age. It’s a compassionate program that brings pleasure and knowledge to many people, and C&S is pleased to support it.

### Children’s Home of Stockton

[STOCKTON, CA](#)

The Children’s Home of Stockton is a modern residential treatment and education facility, providing specialized psychiatric treatment and special education services for severely emotionally disturbed children and their families. C&S provided a mini-grant to help purchase school supplies and equipment for the students.



### North East Little League, Inc.

[NORTH EAST, MD](#)

Team uniforms help make junior athletes feel special and build team spirit. C&S stepped up to the plate with a mini-grant to help these Little Leaguers buy new shirts and caps. Play ball!

### Very Special Arts California

[SACRAMENTO, CA](#)

What kind of art would you expect from differently-abled children? Why, very special art, of course! C&S is proud to support the work of this extraordinary arts organization that brings arts programs to local kids.

### Clarke School for the Deaf

[NORTHAMPTON, MA](#)

“I got a summer job — You can, too!” That was the idea behind the Clarke School’s workshop for students. The C&S employees in nearby Hatfield liked the idea so much, we helped fund it!

### Suffield Volunteer Ambulance Association

[WINDSOR LOCKS/SUFFIELD, CT](#)

With a dedicated group of 70 volunteers and a commitment to 24-hours-a-day service, the SVAA is literally a “lifesaver” for the surrounding community. Such devotion deserves recognition — and a mini-grant from C&S will help the SVAA continue its excellent work.

# ABOUT C&S



C&S Wholesale Grocers of Keene, NH, is a distributor of food and grocery items to supermarkets, retail stores and military bases. We are the second-largest food wholesaler in the United States, serving over 5,000 stores through warehouses in 11 states. Among our customers are many of America's best-known supermarkets and warehouse clubs.



Products Shipped by C&S

Currently, C&S owns three subsidiary companies:

- **ES3** provides efficient storage, shipping and just-in-time distribution and delivery services to retail distribution centers and stores. Customers include ConAgra Foods, Heinz, Campbell Soup Co., Del Monte Foods and Unilever.
- **Grand Union Family Markets** serves millions of retail grocery customers throughout the New England states.
- **Southern Family Markets/ Piggly Wiggly** operates supermarkets in Mississippi, Georgia and Alabama.

In recent years, C&S has moved aggressively to improve our infrastructure, investing in new technologies to reduce costs, save time and improve productivity. We've also upgraded many of our facilities and installed energy-conserving technologies to preserve the environment.

## C&S Fast Facts

1918	Founded in Worcester, MA
42	Distribution centers in 11 states
12,300	Number of employees
16,300,000	Square feet in all warehouses
53,000	Food & non-food items stocked
1,000,000,000	Number of cases shipped in 2007
19,500,000,000	Estimated revenue for 2007
860	Employees at seven ES3 distribution centers nationwide
1,400	Employees at 34 Grand Union Family Markets in four states
2,300	Employees at 42 Piggly Wiggly/ Southern Family Markets in three states



## The C&S Vision

- Braggingly Happy Customers
- Quality In Everything We Do
- Everyone Involved In Everything
- Braggingly Happy Team Members
- And, Have Fun In The Process

PHOTO (ABOVE): © 2007 ALISA BARRY / ARTISAN IMAGES



## C&S Receives 2007 Community Service Award from Supermarket News

Each year, C&S takes a leadership role in reaching out to help those in need. In 2007, our company was honored by Supermarket News with its Community Service Award. Here's what the publication wrote:

"C&S doesn't go out of its way to seek publicity for its myriad food donations, volunteer efforts, financial contributions and corporate sponsorships. It's possible that customers don't even know about the company's charitable work, but the company and employees do it anyway, all in the name of giving back to their communities."

# TOUCHING LIVES

In every community, there are many ways to care for, and share with others. From food banks to fire departments, from clinics to concerts, from meal programs to medical research, C&S is proud to support organizations who are making our world a better place. The organizations listed here are just some of those who received contributions from C&S Wholesale Grocers between October 1, 2006 and September 30, 2007.

Aberdeen Fire Department	Buffalo City School District
Alabama Childrens Hospital Foundation	CASA
Alliance For Building Community	California State Railroad Museum
Alzheimers Association	Caring Hands
American Cancer Society	Carrie Childrens' Foundation
American Heart Association	Center for Health & Learning
American Red Cross	Center Stage Cheshire County
Americas Second Harvest	Central Islip Public Library
Arts Council of Windham County	Central Islip-Hauppauge Volunteer Ambulance
Ashuelot Head Start	Central PA Food Bank
Avenel NJ Volunteer Fire Company	Central Valley Childrens' Services Network
Berkshire East Ski Patrol	Cheshire County YMCA
Big Brothers Big Sisters	Cheshire Fair Association
Boy Scouts of America	Chester Academy
Brattleboro Fire Department	Chester Volunteer Ambulance Corp.
Brattleboro Area Community Land Trust	Childrens' Home of Stockton
Brattleboro Area Hospice	Children's Literacy Guild
Brattleboro High School	Clarke School For The Deaf
Brattleboro Kids Fair	Colonial Theatre
Brattleboro Last Night	Community Foodbank of New Jersey
Brattleboro Memorial Hospital	Compass School
Brattleboro Museum & Art Center	Connecticut River Watershed Council
Brattleboro Senior Meals	Dana Farber Cancer Institute
Brattleboro Walk In Clinic	Dunmore Senior Citizens Center
Brattleboro Winter Carnival	First Book

Food Bank of Contra Costa & Solano
Food Bank of the Hudson Valley
Food Bank of Western New York
Food Marketing Institute
Forest Research Education Center
Forks Volunteer Hose Company Number 3
Fresh Air Fund
Fresno Community Food Bank
Friends of Chesterfield School
Norris Cotton Cancer Center
Jimmy Fund
Girls on the Run
Giving Monadnock
Goodwill Industries of Central Pennsylvania
Greater Westfield Habitat for Humanity
Green Mountain RSVP & Volunteer Center
Greenville County Recreation District
Greenville Family Partnership
Guilford Volunteer Fire Department
Hampshire County Triad
Hands On Greenville.
Harrisville Children's Center
Harrisville School District Before & After School Program
Hartford Food System
Harvest Hope Food Bank
Hatfield Book Club
Hawaii Foodbank
Hawaii International Child Placement & Family Services
High Hopes Foundation of New Hampshire
Hilltop Montessori School

Historical Society of Cheshire County
Home Healthcare, Hospice & Community Services
Hudson Valley Pops
Hugh O'Brian Youth Leadership
Insight Photography Project
International Institute of New Jersey
International Language Institute of Massachusetts
Jeremy's Heroes
Jonathan Daniels / Martin Luther King Committee
Junior Achievement of South Central Pennsylvania
Keene Day Care Center
Keene Family YMCA Learning Center
Keene High School
Keene Middle School
Keene Montessori School
Keene Police Honor Guard Fund
Keene State College
Keene Swamp Bats
Kidspace Children's Hospital
Kidsplayce
Leukemia & Lymphoma Society
Literacy Volunteers of Greater Hartford
Little League Baseball
Little People of America—Sacramento Chapter
Magic City Harvest
Make-A-Wish Foundation
Making the Most of I
March of Dimes
Marlboro Volunteer Fire Department
Maryland Food Bank
Mcquade Children's Services
Meeting Ground
Meetinghouse Preschool
Middlesex County
Habitat for Humanity

Monadnock Area Foster Parent Association
Monadnock Center for Violence Prevention
Monadnock Conservancy
Monadnock Habitat for Humanity
Monadnock Humane Society
Monadnock Marauders Football Club
Monadnock Regional High School
Monadnock Regional Middle School
Muscular Dystrophy Association
Na Pa'Ani Softball
National Multiple Sclerosis Society
Nevada County Food & Toy Run
New Day Tabernacle Food Pantry
New Hampshire Dance Institute
New Hampshire Food Bank
New Hampshire Jobs for America's Graduates
Newbrook Fire & Rescue Department
Newburgh Scats
Newfane Elementary School
North East Branch Library
North East Little League
North Hatfield Police Department
Orange County Firefighters Museum
Orange County Land Trust
Organized Parents Make a Difference
Our Place Drop-In Center
Pancreatic Cancer Action Network
Parents Loving Children Through Autism
Parents Without Partners
Pennsylvania Hunger Action Center
Pennsylvania Youth Theatre
Peterborough Players
Pioneer Valley Regional

Ventures Center
Police Department, Town of Brattleboro, VT
Polish Community Center of Buffalo
Project Linus
Putney Volunteer Firefighters Association
Rescue, Inc.
RSVP of Windham County
Second Chance Wildlife
Second Harvest Food Bank of San Joaquin & Stanislaus Counties
Share Our Strength
Shore Dreams for Kids
Southern NH Resource Conservation & Development Area Council
Spofford Fire & Rescue Department
Stone Soup Fresno
Stonewall Farm
Strategies for Change
Strolling of the Heifers
Suburban East Meals on Wheels
Suffield Volunteer Ambulance Association
The Community Kitchen
The Family Garden
Early Care & Education Center
The Food Bank of Western Massachusetts
The Hall Farm Center for Arts & Education
The Moving Company Dance Center
The Private Sector
Town of Hatfield Recreation Department
Town of Vernon Fire Company
TRAIL
Twin States Network
University of Vermont State Agricultural College
Variety School of Hawaii
Vermont Foodbank

Vermont Jazz Center
Vermont Theatre Company
Vernon Vipers
Very Special Arts California
Veteran Hospice Homestead
Visiting Nurse Association & Hospice of VT & NH
Walker Valley Band
Wallkill Area Youth Soccer
Walpole Elementary School
Weinberg Northeast Regional Food Bank
West Hanover Township Parks & Recreation
Westfield Athenaeum
Westgate Housing
Westminster Firemans' Auxiliary
Whately Elementary School

Williamsville-South Newfane Volunteer Fire Department
Winchester Girl Scouts
Windham Child Care Association
Windham County Humane Society
Windham County Reads
Windham County Safe Kids
Windham County Sheriff's Department
Windsor Locks Fire Dept.
Womanshelter/Companeras
Women's Civic League of North East
Women's Crisis Center
Woodbridge Police Benevolent Association
Youth Services

**C&S. Driving change. Delivering hope.**



#### C&S LOCATIONS

Aberdeen MD

Bethlehem PA

Brattleboro VT

Birmingham AL

Greater Buffalo NY

Chester NY

Dunmore PA

Fresno CA

Central Islip NY

Kapolei HI

Keene NH

Harrisburg PA

Mauldin SC

Montgomery NY

Metro NJ

Newburgh NY

North East MD

North Hatfield MA

Sacramento CA

South Hatfield MA

Stockton CA

Suffield CT

Upper Marlboro MD

Westfield MA

Windsor Locks CT



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For further information about C&S and our community involvement programs, please contact Gina Goff, Director of Corporate Giving and Community Involvement.



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