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1058 HANDS REACH OUT ACROSS AMERICA
From Hawaii to New Hampshire, C&S Employees Make a Difference

Keene, NH – October 26, 2009 – C&S employees banded together across the country for the 7th consecutive year on *Make a Difference Day*, Saturday October 24, 2009. *Make A Difference Day* brings millions of Americans together each October to volunteer in their communities.

Reaching out to local communities, the C&S *Make a Difference Day* initiative inspired more than 500 employees to roll up their sleeves and volunteer in teams for community-based organizations. “*Make A Difference Day* is a wonderful demonstration of our employees taking action on behalf of our communities,” said Gina Goff, C&S Director of Community Involvement. “It is a great example of neighbors helping neighbors.”

Most of this year’s C&S *Make A Difference Day* projects were in alignment with the company’s social focus of addressing the issue of hunger, and included:

Location	Project
Buffalo, NY	Serving dinner at the Friends of Night People soup kitchen
Keene, NH	Painting the office and dining room at The Community Kitchen
Waianae, HI	Constructing a lanai, assembling care packages and serving lunch at the Waianae Homeless Shelter
Birmingham, AL	Serving lunch at the Shepura Men’s Homeless Center and sprucing up at the Ronald McDonald House
Sacramento, CA	Volunteering at the Sacramento Food Bank’s mobile food pantry
Manteca, CA	Painting, installing carpet and cubicle dividers, replacing lighting and ceiling tiles at the Second Harvest Food Bank of San Joaquin County
Wilkes-Barre, PA	Packing food boxes for local senior citizens at the Weinberg Food Bank
Hatfield, MA	Sorting and preparing holiday cards at the Food Bank of Western Massachusetts to launch their holiday season
Greenville, SC	Sorting and packing food at the Harvest Hope Food Bank
Springfield, MA	Fall sprucing up and general maintenance to Loaves & Fishes food pantry
Suffield, CT	Beautifying and green clean up around Harvey Street
Elkton, MD	Painting and sprucing up at Cecil County Help Center
Brattleboro, VT	Building and painting a wooden storage shed for the Vermont Food Bank
Annapolis, MD	Painting two transitional housing apartments for the Lighthouse Homeless Prevention & Support Shelter
Bethlehem, PA	Painting at the Council of Spanish Speaking Organizations of the Lehigh Valley’s Senior Citizen’s Center
Fresno, CA	Distributing food at the Fresno Food Bank
Westfield, MA	Sprucing up at the Cancer House of Hope and serving food to veterans at the Soldier’s Home

About C&S Wholesale Grocers

C&S Wholesale Grocers, Inc. is a privately owned company with annual sales of more than \$18 billion. The company is the 12th largest privately held company in the nation, as ranked by Forbes magazine. Founded in 1918, C&S provides distribution services to grocery chains and independent stores, delivering to approximately 4,600 locations from its distribution centers in Vermont, Massachusetts, Connecticut, New York, New Jersey, Maryland, Pennsylvania, South Carolina, Alabama, California and Hawaii.

C&S community involvement programs support initiatives to stop hunger and to promote the health and enrichment of communities that are homes to the company’s employees and facilities. To learn more: <http://community.cswg.com>.