



**FOR IMMEDIATE RELEASE**

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### **C&S Names 2009 Volunteer of the Year**

**Keene, NH – April 27, 2009** – Every year since 2005, C&S Wholesale Grocers, Inc. has named a *Volunteer of the Year*, recognizing the valuable contributions that our employees make to their communities in their spare time. The 2009 honoree is Lemuel Rodriguez. Since 2007, Lem has worked in the C&S food distribution center in Bethlehem, Pennsylvania, auditing outgoing product selections.

The announcement was made during National Volunteer Week, a celebration which inspires, recognizes and encourages people such as Lem to seek out imaginative ways to engage in their communities.

Last year, Lem devoted 1,000 hours to the Council of Spanish Speaking Organizations of the Lehigh Valley. He volunteered his time to mentor low-income youth in South Bethlehem, PA as an assistant boxing coach and trainer.

“He is a great role model to the youth and helps by listening and offering ideas when presented with problems,” says the Executive Director of the Council, Sis-Obed Torres Cordero.

Lem became a candidate for the C&S Volunteer of the Year award by submitting a *Dollars for Doers* application. A panel of company employees rated each application for spirit of volunteerism, leadership and making a difference in people's lives. Through the *Dollars for Doers* program, nonprofit organizations benefit twice, once from the C&S employee's contribution of time, and again from a C&S contribution of \$1 per hour volunteered, to a maximum of 1,000 hours or \$1,000.

C&S Wholesale Grocers, Inc. is the 12th largest privately held company in the nation, as ranked by Forbes magazine. Founded in 1918, C&S provides distribution services to grocery chains and independent stores, delivering to more than 4,600 locations from its distribution centers in Alabama, California, Connecticut, Hawaii, Maryland, Massachusetts, New Jersey, New York, Pennsylvania, South Carolina and Vermont.

C&S supports initiatives to stop hunger and to promote the health and enrichment of the communities that are home to our company's employees and facilities.

The company's Community Involvement Report is available electronically at [www.cswg.com](http://www.cswg.com).

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